5 Layers of Safety

1. **Set – Up ~** 10 ft between players
2. **Take Turns ~**
   - player puts club down
   - player meets caddy at safety hoop
   - caddy collect balls – switches to player position
3. **A-B-C ~** All sides… Broadcast… Caddy check
4. **Core Values ~** follow to increase safe behaviors
5. **Class Protocols ~** maintain overall class management
5 Layers of Safety

1. Set Up

- STATION FORMAT
- 10 ft BETWEEN PLAYERS
- SAFETY HOOPS
5 Layers of Safety

2. Take Turns

1\textsuperscript{ST} Player puts club down

2\textsuperscript{ND} Player meets caddy at safety hoop

3\textsuperscript{RD} Caddy collect balls & switches to player position
5 Layers of Safety

3. A – B – C

Swing Safely

A ~ Check ALL Sides
B ~ BROADCAST
C ~ CADDY Check [verbal/visual]
4. Core Values

5. Class Protocols
Cues

HOLD - PUTTER

1. Club Head Up, Toe to Head
2. Target Hand on Bottom, Favorite Hand on Top
3. Glue Together, Thumbs STRAIGHT on Dots
Cues

HOLD - WEDGE

1. Club Head Up, Toe to Head
2. Target Hand on Bottom, Favorite Hand on Top
3. Glue Together, Thumbs CROSS on Dots
Cues

SET UP

1. Arrow on Target
2. Legs A
3. Arms Y
4. Dot the Eye
K-1st Lesson One

TARGET
Cues

PUTT

Y – PUTT – Y
Cues

CHIP

Y – CHIP – Y
Cues

PITCH

L – PITCH – L
Cues

FULL SWING
Circle Away
Sweep Low
Circle High
Healthy Habit: K-1st Lesson 1

SAFETY > Play By the Rules

Core Value: RESPECT > Listen and Follow Directions

Golf Skill: Golf is a TARGET Sport