

# 5 Layers of Safety

1. **Set – Up** ~ 10 ft between players
2. **Take Turns** ~
  - player puts club down
  - player meets caddy at safety hoop
  - caddy collect balls – switches to player position
3. **A-B-C** ~ All sides... Broadcast... Caddy check
4. **Core Values** ~ follow to increase safe behaviors
5. **Class Protocols** ~ maintain overall class management



## 5 Layers of Safety

# 1. Set Up

- **STATION FORMAT**
- **10 ft BETWEEN PLAYERS**
- **SAFETY HOOPS**



## 5 Layers of Safety

# 2. Take Turns

- 1<sup>ST</sup> Player puts club down**
- 2<sup>ND</sup> Player meets caddy at safety hoop**
- 3<sup>RD</sup> Caddy collect balls & switches to player position**



## 5 Layers of Safety

# 3. A – B – C

## Swing Safely

**A** ~ Check **ALL** Sides

**B** ~ **BROADCAST**

**C** ~ **CADDY** Check [*verbal/visual*]



## 5 Layers of Safety

# 4. Core Values

# 5. Class Protocols



## Cues

# HOLD - PUTTER

1. Club Head Up, Toe to Head
2. Target Hand on Bottom,  
Favorite Hand on Top
3. Glue Together,  
Thumbs **STRAIGHT** on Dots



Cues

# HOLD - WEDGE

1. Club Head Up, Toe to Head
2. Target Hand on Bottom,  
Favorite Hand on Top
3. Glue Together,  
Thumbs CROSS on Dots



Cues

# SET UP

1. Arrow on Target
2. Legs A
3. Arms Y
4. Dot the Eye





Cues

# K-1<sup>st</sup> Lesson One

# TARGET



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Cues

**PUTT**

**Y – PUTT – Y**



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Cues

**CHIP**

**Y – CHIP – Y**



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Cues

**PITCH**

**L – PITCH – L**



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Cues

**FULL SWING**

**Circle Away**

**Sweep Low**

**Circle High**



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**Healthy Habit:**

**K-1<sup>st</sup> Lesson 1**

***SAFETY* > Play By the Rules**

**Core Value:**

***RESPECT* > Listen and Follow  
Directions**

**Golf Skill:**

***Golf is a TARGET Sport***

