

## **BEST PRACTICE AND LESSON PLAN IDEAS**

Category: Cooperative Activity/Golf Motor Skills

Suggested Grade: K-5<sup>th</sup> Title: Let's Go Golfing!

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## Equipment/Materials:

 The First Tee National School Program Equipment Set: Putters, Targets, Balls

A variety of equipment from the supply closet
Hula-hoops, stuff animals, poly-spots, mats, cones, rope, etc.

## Description:

• Students actively engaged in practicing their putting skills through the design of a miniature golf course within class. Students were given different items from the closet. Students took those items and then used their creative side to design a course. Students were then able to travel around the gym and use their putting skills to play a 9-hole course in which the class designed.

