

 **first tee**

Parents' Guide



Character is what you bring to everything you do, but we aren't born with it.

Character is learned, cultivated and shaped by our experiences.

First Tee builds **experiences that build character**. As a youth development organization, we believe experiences are our greatest teacher and that they should be both fun and meaningful, where kids feel excited to grow, safe to fail and better equipped for whatever comes their way.

By seamlessly integrating the game of golf with a life skills curriculum, we create **active learning experiences that build inner strength, self-confidence and resilience** that kids carry to everything they do.



Our Program

Our programs happen daily at approximately 150 chapters across the world. Participants (ages 5-18) progress through the program over time, deepening their understanding of life skills and golf development. The integrated approach helps them build confidence and resilience.

Learn the game of golf
and how it relates to life

Focus on interpersonal
and self-management
skills on and off the
course

Emphasis on setting
goals and making
them a reality

Learn conflict
resolution, resilience
and how to plan for
the future

Put it all together and
hone in on setting
goals, career education
and giving back to the
community



First Tee Community Program

Our engaging after-school program is offered at more than 1,400 locations. We partner with youth experts like the Y and Boys & Girls Clubs to bring the program to kids who might not otherwise have exposure to golf and life lessons that are learned through the game.

First Tee School Program

Our program is embedded into more than 10,000 schools through PE classes, bringing our positive youth development approach to students from all backgrounds. We've trained educators across the nation to teach our curriculum, where kids experience the integration of golf (motor skills) and values-based lessons.



National Participant Opportunities

Once your teen is ready to take their First Tee experience to the next level, we've got you covered. We have national events to inspire and encourage high school students on a deeper level.

From being mentored by PGA TOUR Champions players at Pebble Beach to a five-day learning and empowerment academy in Philadelphia, our events are all about expanding horizons, meeting new people, opening doors and guiding teens to be more confident in themselves.

Parents should inquire with their chapter about applying for these opportunities.



First Tee College Scholarship Program

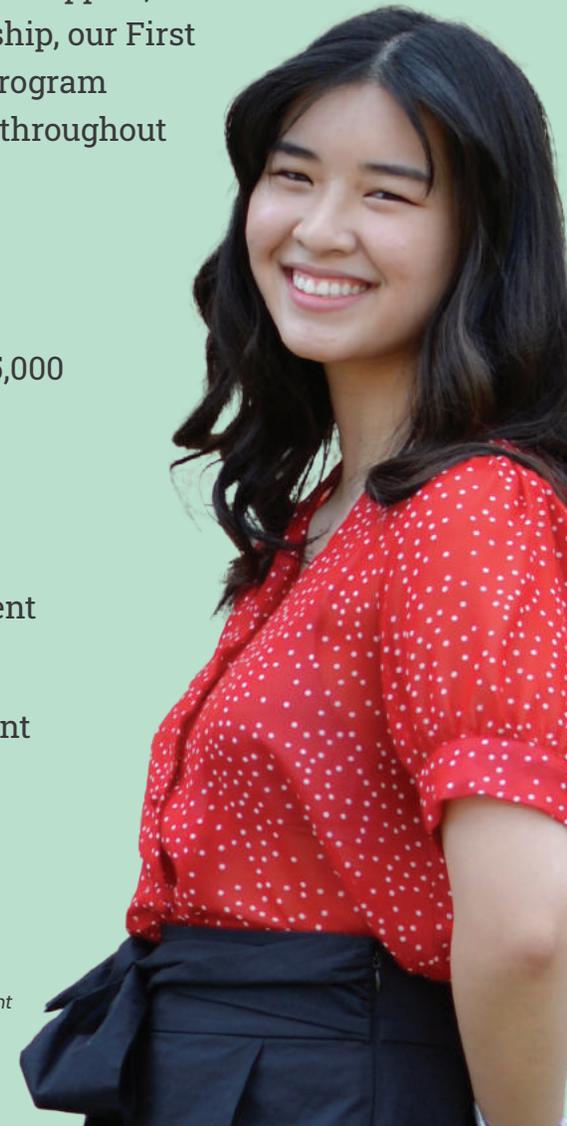
Higher education continues to be a critical factor in unlocking opportunities for young people to thrive, and we are committed to the success of our alumni. Designed to provide further support, life skills development and mentorship, our First Tee College Scholarship Program supports selected alumni throughout their college career.

The program includes:

- Scholarships of up to \$5,000 per year for four years
- Dedicated adult mentor throughout college
- Professional development workshops
- Internship & employment assistance

Kelly Low

*First Tee — Fort Worth, Alumna
2020 First Tee College Scholarship Recipient*





We're Building Game Changers

Kids become a better version of themselves when they have the space to be who they are, surrounded by passionate people who guide them to see what they are capable of.

As parents and guardians, you're living this out every day, and we're here to partner with you.

Our trained coaches create safe, supportive and empowering environments to help your child(ren) prepare for life ahead, including friendships, school, college and even their careers.

Our Impact*

100%
transferred what
they learned at
First Tee to school

82%
felt more confident
with social skills

*Weiss, M. (2016) Evaluation of the
First Tee in Promoting Positive
Youth Development

73%
reported higher
confidence in
academic ability



Commonly Asked Questions

How do you build character through golf?

We see golf as a metaphor for life. It's not the score that counts, but what you learn along the way. Like in life, golf requires goal setting, working with others and digging deep when things get tough (perseverance). Golf is a perfect practice ground for learning skills that go far beyond the fairways.

What if my child has never picked up a golf club before?

We know it can feel intimidating to start something new. Everyone was a beginner once and our coaches are trained in creating a supportive environment to make kids feel comfortable and assure they have fun while learning about themselves and golf.



Do I need to provide golf equipment for kids?

Chapters provide access to all the equipment you will need. No need for special golf attire.

Will my child be participating in a safe environment?

First Tee and its chapters are committed to having a safe and welcoming environment for everyone involved in the organization. As part of our commitment, all employees, coaches and volunteers must complete a background check before working with our youth. Plus, all employees, coaches, volunteers, and board members are required to complete the U.S. Center for SafeSport training program.

Is there competition and physical activity?

Absolutely! First Tee is an activity-based program, so our lessons include movement that can range from games to walking/playing the course. As participants get older, they have the chance to compete at national events held across the country.

Is there a chapter near me?

We're closer than you think. First Tee offers programs in all 50 states through First Tee chapters, School Programs, and after-school Community Programs. We also offer programs in a number of international locations.

What if I have financial concerns?

No worries—chapters offer full scholarships or reduced fee programming for those who need it.

Learn more at [firsttee.org](https://www.firsttee.org)





building game changers



[firsttee.org](https://www.firsttee.org)



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